



-V egS A -  
D I A R Y D A T E S

**Reminder: Vegan Festival FUND-RAISING QUIZ NIGHT!**

**Saturday, 13th September 6:30 for 7pm to 10pm**

North Adelaide Community Centre Main Hall (behind library),  
176 Tynte Street. **NOW BOOKED OUT!**

**'SA Federation of Animal Societies' Parade For The Animals**

**Friday October 4<sup>th</sup>** Meet Hindmarsh Square South West, opp. RAA

Drivers assemble by 11.30. Walkers: 12.30. Leaving 1.00 pm - returning to the Square by 2.00 pm

For further information, and if driving, contact SAFAS phone 8370 8539

*(More information on page 2)*

**Lunch at 'Bamboo Talk'** 10/69 Gawler St, Mt Barker

**Saturday October 11th, 12noon**

Entrée, main courses & tea/coffee: Adult \$20/Child (under12) \$12

Bookings with payment to VegSA by Friday October 3rd

*(More information on page 2. Booking form included with Newsletter)*

**VEGAN FESTIVAL**

**Sunday November 16th 10am-6pm**

Glenelg Primary School entry gold coin, lots of great vegan stuff to buy.

Food and products stalls, cooking demos, live entertainment, kids area etc, close to bus and tram, ample road side parking. **Come for the day, bring family and friends,**

**SPREAD THE WORD!** [www.veganfestival.info](http://www.veganfestival.info) *(More information on page 3)*

**SOUTHERN VEGETARIAN SOCIAL GROUP**

**2nd Sat. monthly from 12 noon, Great Nature 3/48 Beach Rd Christies Bch**

No booking needed but check info with Su on 83261062 [vegsu2003@yahoo.com.au](mailto:vegsu2003@yahoo.com.au)

**ADELAIDE VEGAN GET-TOGETHER**

**1st and 3rd Fridays each month at different Adelaide Eateries**

Bookings essential. Please contact John at [jbrasted@internode.on.net](mailto:jbrasted@internode.on.net)

Or join Adelaide Vegans yahoo group via <http://adelaidevegans.org>

**NATURAL HEALTH SOCIETY (SA)**

**1st Tuesday each month 7.30pm meeting and lecture**

at Unley Citizens Centre 18 Arthur Street Unley

For more info: Secretary, 8277 7207 website: [www.naturalhealthsa.com.au](http://www.naturalhealthsa.com.au)

Oct 7<sup>th</sup>: DVD - **Dealing with the Subject of GM organisms**

Nov 4<sup>th</sup>: Dr Liang Z Chem: **An introduction to Chinese Herbal Medicine and Accupuncture**

**NOTE: VEGAN-FRIENDLY EVENTS IN SOUTH AUSTRALIA ARE NOW ON THE CALENDAR at [www.veganfestival.info](http://www.veganfestival.info)**



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